



COVID OPERATIONAL GUIDE 2021

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OUR COMMITMENT TO SAFETY

This has been a year like no other, and we can confidently say we have left no stone unturned as we have prepared to run a safe and meaningful summer. Please make sure to read through this entire NBB COVID Plan, so you can understand everything that will go into ensuring everyone at camp is healthy and safe. This plan was put together under the guidance of our COVID Medical Task Force, which consists of 13 doctors from various fields, research expertise, testing expertise, nursing staff, and additional periodic contributors.

Please note that some of the information in this Plan is subject to change based on Provincial and Local (Haliburton Kawartha) Public Health. There are still some sections specifically that have not clearly been outlined by Public Health Guidance, including testing, case management and contact tracing. As we get more information, we will of course communicate with you right away – be sure to check our summer 2021 FAQ page regularly for updates.

Any dates below refer to an Opening Day of Sunday, July 4th. Should that date need to be pushed back, we will communicate how it impacts all other key dates.

BEFORE CAMP EXPECTATIONS AND REQUIREMENTS

The number one goal we must all have prior to the summer is to ensure that all campers and staff must arrive at camp free of COVID-19. This will give us the best, and frankly, the only opportunity to maintain a safe and healthy environment for everyone. In accordance with the Ontario Guidelines for the reopening of Overnight Summer Camps, all campers and staff will be asked to limit their contact with individuals outside their household for 14 days prior to their arrival at camp. If in-person learning resumes before the end of the school year, children can go to school, provided all local health measures are enforced.

For these last 14 days prior to arrival at camp, we are asking campers and staff to maintain a strict isolation. This would begin on Thursday, June 10th for Head Staff, Sunday June 13th for general staff, and Sunday, June 20th for all CITs and campers. This means NO interaction whatsoever with anyone outside their household. This includes, and is not limited to, birthday parties, graduation parties, family gatherings, play dates, shopping, etc..). If someone in your household needs to leave the house for an essential reason, we ask that they follow strict public health guidance, including PPE and distancing if possible.

Though it is not mandatory, we strongly encourage all staff and campers 12 years and up to get a COVID-19 vaccine before camp begins.



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TESTING AND SCREENING PRIOR TO CAMP

All campers and staff will require negative tests prior to entering camp. We will outline the testing schedule and format. We do anticipate the government will provide one free PCR testing to all Ontario campers and staff through pharmacies. The outline below remains subject to change and is expected to evolve in the weeks and days leading up to camp.

Test #1 (highly recommended): We highly recommend all campers and staff get tested 17 days prior to their arrival date. The reason for this is that once someone has covid, it stays in your system for 3 months, and any test you have during that time would be positive. In case it is in a camper or staff's system and they are unaware, you would have the appropriate time to isolate and quarantine prior to camp. This will allow for entry into camp at the scheduled start date (see chart below). Any costs related to this test would be at your own expense.

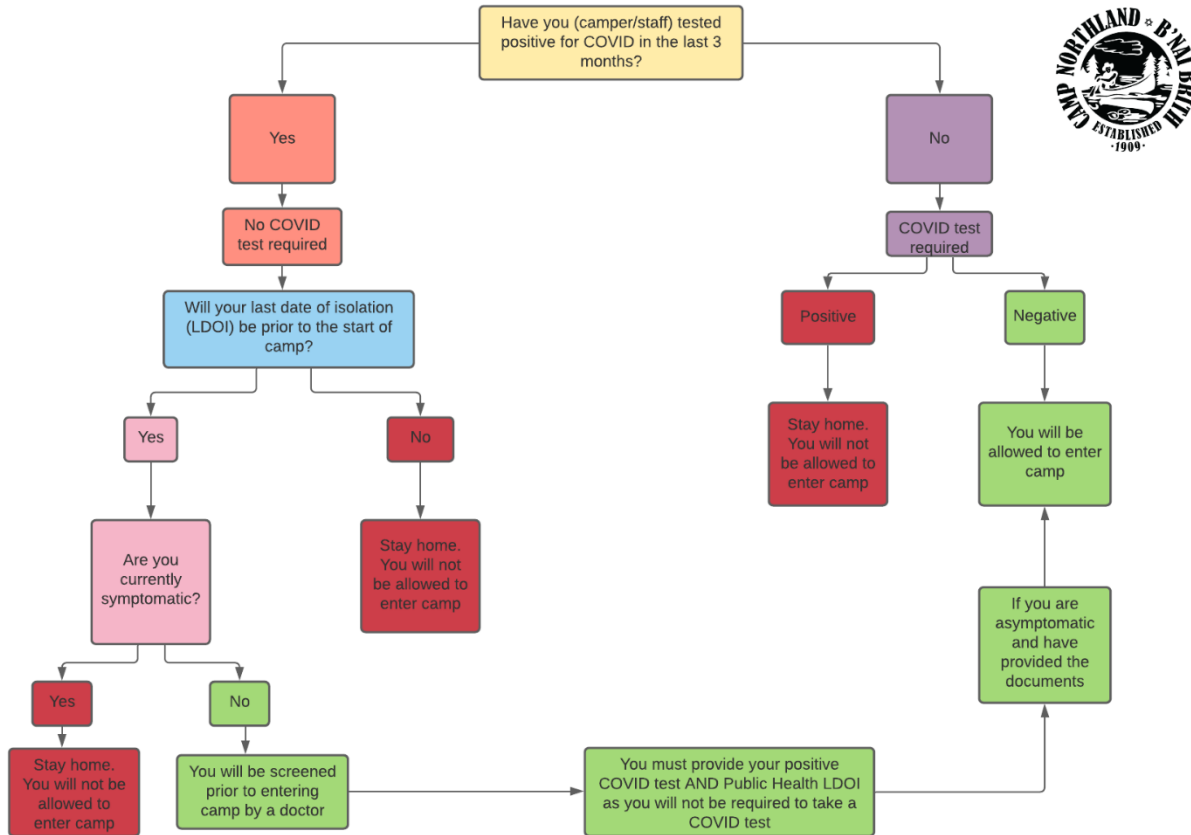
Test #2 (mandatory): All campers and staff required to get a PCR test 72 hours prior to arrival at camp. If not available free of charge at local pharmacies, we will be using a third party COVID-19 test provider at the camp's expense. The location for testing in these circumstances and related instructions will be communicated in the days prior to the test. Test results will be processed within 24 hours and Northland must be and will be notified if there are any positive cases. Campers and staff will be notified if they tested positive and told not to come to the camp (or buses if transportation is being provided). We will communicate the exact testing logistics in the coming weeks.

Test #3 (mandatory): We will be using rapid antigen testing on departure day through a third party test provider. Any positive tests will not be permitted to come to camp this summer. Parents will have to take their child for this rapid test prior to departing for camp. (If the family will already be north, alternative plans for testing outside the camp gate can be arranged)

Please note that if you have had a positive test result in the 3-month period leading up to your arrival date, we have created this easy-to-follow flow chart that will help explain the process:



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As mentioned in earlier communication, a special “COVID-19 charge” of \$250 is being added to camper fees, to account for additional PPE, safety enhancement costs, COVID preparedness measures and testing. This charge is subject to the same refund policy as all other camp fees. This fee must be paid to the camp prior to May 31st, 2021.

Our mission at Camp Northland is to ensure any child who wants to attend camp is able to, and that financial barriers should NOT be a barrier to this. We have scholarship funding available to help with camp fees and the COVID-19 charge, and we encourage those who may require additional assistance to email the office at happycamper@campnbb.com for info.

Prior to attending camp, all staff and camp families will fill out an attestation - a Compliance Certification form on their CampInTouch account in the two days prior to camp. In this form, families will attest that their camper has not experienced any COVID-19 symptoms or been in close contact with someone with COVID-19 for the 14 days prior to camp’s departure day, that they have not been directed by Public Health to self-isolate and that they have complied with the pre-departure expectations. Families will also be expected to do daily screening and submit these results to the camp upon request.



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TRANSPORTATION TO CAMP

Parent/guardian(s) will likely be expected to drive your children up to camp in your own personal vehicles. You will be asked to bring the children to a location just outside of Camp. We expect a schedule will be developed with an expected (approximate) arrival time to plan for dropping off your children, by cohort. This will allow for appropriate spacing and the opportunity for a proper warm welcome for each camper.

Only if necessary, we will seek to provide limited busing to accommodate those families who may not be able to drive the children up to camp. This will be handled on a case-by-case basis. If we do end up providing busing to accommodate these individual circumstances, buses will depart from the GTA and campers will be further screened or tested before boarding.

NOTE:

- Only children who test negative will be allowed to board the bus to Camp or be dropped off at camp.
- If a child tests positive at the drop off test or screening, the guardian will be responsible for the child who will not be allowed to enter camp.

Baggage details will be announced in coming weeks, but baggage drop off will take place on following days:

All General Staff: Friday, June 25th

CITs and Campers: Friday, July 2nd

Possible alternative:

At a later date we may elect to use school buses, driving with windows open. In this scenario, campers will be travelling with their assigned cohort. Staff will be cohorted, and safely spaced out as per Provincial guidelines.

GOING HOME:

Currently, our plan is to return all campers home by bus.

Please note: There is still a possibility that parents may be asked to pick up their child(ren) from camp at the conclusion of any of the sessions. This will be based in part or in whole on guidance from Public Health guidelines.



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STAFF ARRIVAL AND TRAINING

As always, and this year is no different, our staff will go through extensive training prior to camp and during precamp. Many of our staff have been participating in monthly Zoom training sessions, complemented by online video training manual to help prepare them for the summer.

Our Head Staff precamp training begins on Thursday, June 24th.

Our full precamp training begins on Sunday, June 27th.

Our staff will be cohorted throughout the entire precamp.

In addition to our usual training topics to prepare everyone for camp, our training will also cover symptom identification and COVID daily screening practices, proper hygiene, review of camper health related issues and non-pharmaceutical interventions, including masks, physical distancing, being outdoors, etc.

Staff will also be trained on the immense impact the pandemic has had on the mental health of children and youth. This will include providing them with the right tools, including proper non-stigmatizing language when discussing COVID symptoms, plus dealing anxiety, stress, homesickness, etc.

CAMPER ARRIVAL AT CAMP

On Sunday, July 4th, we look forward to welcoming all our campers up at camp. As mentioned above, this year we will be asking that parents drive their child(ren) up to camp after a negative rapid antigen test completed in the city. We will communicate in the coming weeks designated drop off window during which you must arrive at camp. All our staff will be on hand during arrival to help your child feel comfortable, happy, and excited to be at camp! The ruach (spirit and energy) of Camp Northland will be strong that day for sure!

Once the camper arrives, who earlier completed a negative test, they will be taken by their counsellor to their cabin. Baggage will already be at camp, so the campers should arrive only with a backpack, toolbox (optional) and other small personal items. Parents will not be permitted to exit their vehicles so please say goodbye in the car.

THE CAMP NORTHLAND CONTROLLED ENVIRONMENT

This summer, we will operate a closed site (with limited necessary exceptions that have independent protocols in place) to keep everyone safe.



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- Staff will arrive early to quarantine and will not leave our site for their time off.
- Non-essential visitors will not be permitted on the site. All essential deliveries (food/supplies, etc..) will be contactless as drivers will remain in their vehicles. If the driver needs to exit their vehicle, they will be masked and distanced.
- There will be no Visitors Day in 2021. We will allow for video conferencing with families near the end of July over Facetime or Zoom. We will communicate the details at a later date.
- Parents/guardians will not be permitted to enter the site at any point.
- Any workers who do not live at camp will be required to pre-screen daily, and once on site, wear masks and maintain social distance while on site and follow additional protocols.
- At this point in time, we will not be offering trips off-site into cities or parks and will instead plan for nature-based adventures using our majestic 750-acre private site spanning across Moose Lake.
- To reduce the risk of transmission, only senior staff who have received one (or more) dose of a COVID-19 vaccine are eligible for essential trips to town (i.e. bank), and must adhere to all expected NPI protocols and public health guidelines.

COHORTING

This summer, cabins will be considered a cohort like a family household/unit. The provincial overnight camp field guide will help dictate how large any given cohort will be.

Within a cohort, campers and staff will not have to wear masks or physical distance when they are with their cohort, regardless of where they are in camp. It remains possible that after a minimum of 14 days, cohorting and other COVID restrictions will ease as the summer progresses. Our Section and Unit Heads, as well as our senior leadership team will, as always, be there for your children, and if they need to visit a cabin, will wear the appropriate PPE, and follow all distancing and other COVID related protocols. The cohort will move throughout each camp day. The program will have a level of customization by cohort based on cabin staff, skills and interests combined with rotations into traditional specialty areas of camp. When specialists are engaged to run activities, campers and staff will all be masked if maintaining a safe distance is challenging for that particular activity.

It is important that even within a cohort, campers do not share any personal items (including but not limited to pillows, water bottles, toiletries, etc..). Please label every item prior to camp.

MASKING AND PHYSICAL DISTANCING (and the 2 out of 3 rule)

Even though masking and physical distancing will be part of camp this summer, it will not take away from the connections we all have with each other, and the Northland experience we know everyone is looking forward to.



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THE 2 OUT OF 3 (but 3 out of 3 is better!) RULE:

One of the biggest guiding principals this summer will be the “2 out of 3 (but 3 out of 3 is better!) rule”. Everyone must always follow at the minimum 2 out of the following 3:

1. MASKING
2. PHYSICAL DISTANCING
3. BEING OUTDOORS

MASKS

When will masks be worn?

- When any camper or staff needs to be within 6 feet of someone in another cohort
 - This can include at a specialty if distancing is not possible
 - This can also include when a camper or staff wants to hang out with a friend/sibling, and are within 6 feet if allowed by public health
- If indoors and there are other cohorts in the space, regardless of distance

When do masks not have to be worn?

- As mentioned above, in the cabin or when a cohort is together and not near any other cohort
- When eating (though masks need to be brought to all meals)
- In the water (though masks should always be brought to Waterfront activities)

Campers will be asked to bring 25 non-medical disposable masks per week. Masks must be disposable, 3-ply masks. We will provide all staff with procedural non-medical masks. Please note cloth masks will not be permitted as the mandatory mask. If a camper and staff wants to wear a cloth mask, it can be worn as a second (extra) mask but not alone.

PHYSICAL DISTANCING

All campers and staff must remain 6 or more feet away from someone in another cohort. When that is not possible, a mask must be worn.

BEING OUTDOORS

When possible (and weather permitting), all camp activities will be held outdoors. Activities that used to take place inside buildings (such as music or part of A+C) will be given designated outdoor areas. We have set up event tents throughout camp to allow for outdoor programming, as well as other facility modifications, including a brand-new outdoor stage, outside the Playhouse!



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ON-SITE TESTING

Even with all the protocols that will be in place prior to arrival, we are going to go above and beyond to ensure that we have a healthy camp environment once everyone arrives!

There will be a mandatory antigen and/or PCR 5 days after arrival at camp for all campers and staff. The test is non-invasive (it can be best described as a 'nose picker, not a brain tickler'!). We will also have rapid antigen tests on site for regular asymptomatic testing as needed, as well as rapid PCR tests to verify positive antigen tests, and all available testing will be implemented as per Public Health guidelines.

Our tests are coming from two third party companies, In Common Labs and Integracare. Our doctors and our highly skilled camp nurses, who have specifically dedicated covid testing and screening experience, will administer the tests in camp. Samples are sent to a lab in Toronto and results will be available within 24 hours.

Symptomatic testing will take place during camp if needed.

DAILY SCREENING

Cabin staff will be trained to conduct daily health screenings for campers and each other, prior to breakfast and bedtime, checking for COVID-19 symptoms. Head staff not living with campers will also be responsible to do a self check each morning.

Our medical team and counsellors will be well aware of campers' health history, and would be able to distinguish between a typical symptom that a camper regularly experiences (i.e. allergy symptoms), and a possible COVID-19 symptom. Of course we will always err on the side of caution, and allow the medical team to assess on a case-by-case basis.

HEALTH CENTRE 2021

This year, we have hired a company called 'Integracare' to provide ON-SITE nursing support during camp with nurses specially trained in managing Covid-19 testing and screening. Lee Grunberg, the owner of Integracare, is part of our Camp Northland family. Integracare had shared the following statement which we want to share with you:

"Camp Northland has taken a lead in health & safety for the overnight camping community and is dedicated to providing a healthy camp experience for its campers and staff, as they have done every summer in the past. Despite the current challenges related to Covid-19, this unique Summer, Integracare will rely on our experience in COVID prevention and/or containment that we developed working with the



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Television and Film Industry this year in order to role out our Camp Nursing Offering this summer.” said Lee Grunberg, President & CEO.

To ensure a safe medical experience at camp this summer, many changes to our Health Centre, as well as our medical and triage procedures.

- A separate outdoor and sheltered triage area will be created to isolate those with cold/virus symptoms.
- A new system will be in place to allow for scheduled appointments in lieu of open ‘clinic’.
- A new satellite medical dispensary has been built to dispense daily medications so that symptomatic and asymptomatic campers or staff do not interact with each other.
- An interior renovation has been done ensuring separate ventilation for isolation rooms vs. the main clinic, changing the entry and exit so the flow of people is better controlled.
- Air filtration considerations.
- All Health Centre staff will have the necessary PPE.
- If a camper needs to seek medical care outside of Camp, protocols will be in place to safely transport the camper and ensure they receive the appropriate care with minimized risk.
- We will maintain a separate isolation area for those who show symptoms of COVID-19 at camp (while we await rapid test results and/or lab results if warranted), and the rest of the family unit will be a ‘quarantine unit’ until the person being tested is confirmed as negative or are otherwise cleared by Public Health to resume normal activities.

PROGRAM/FACILITY MODIFICATIONS

Finally, the fun stuff! Camp is still camp, and we will do everything we can to ensure each day feels as normal as possible.

Here are just some of the programming and facility related modifications you can expect this summer:

- Event tents built throughout camp to allow for more outdoor programming
- This means activities like A+C, music, dance, drama and more will all be moving outdoors!
- Outdoor stage at the Playhouse
- Brand new lights on the basketball courts, to allow for that space to be used for evening and nighttime programming
- Hobbies as we know them will not take place this summer, however there will be opportunities for activity choices as a cabin, or with cohort members
- Trips will not take place off campgrounds. The trips we do offer will be on our 750-acre site, and will follow camp policies and protocols
- Our goal is to have all the incredible programs we know and love at camp, just maybe slightly modified to ensure they are remaining safe! This includes and is of course not limited to Olympics/Maccabiah, Northland’s Got Talent, Cabins in Motion, Halloween/Purim, NBB burning, and way more!



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- We have installed ventilation systems in every single camper cabin in camp
- The Health Centre has been totally redone and re-modelled
- We have brand new dining hall tables and seating to allow for more flexibility with dining capacities and locations
- Multiple hand washing stations have been built in high traffic areas
- Hand sanitizer stations will be located in all cabins and activity areas
- Brand new picnic tables will be found throughout camp!

MEALS

Meals will look (and sound) a little different this year. We will still have two shifts for each meal, but this year each shift will be broken down into smaller meal locations. One location will be the main Dining Hall. The other main indoor location will be the Concert Hall. Additionally, there is a large event tent outside the Dining Hall that will be used when appropriate as an outdoor dining location. Please note that all meals, regardless of the location, will be on proper tables and benches and will have all the appropriate plates, cutlery, utensils, etc... Outdoor lunches and dinners as we know them will still continue, and we will likely have even more of them!

Meal procedures will look different as well. Firstly, as eluded to above, they will be...quieter. Part of the provincial camp guidelines dictate that no indoor singing or cheering can take place, both of which would be high risk when dealing with an airborne virus. Additionally, no one will be permitted to stand up once they are seated, and this includes the staff, other than the designated servers. Meals, and seconds, will be brought to the table by staff servers wearing full PPE. Procedures on special diets, as well as bathroom needs will be communicated closer to camp. Campers and staff will have to clean their table and space fully and thoroughly at the conclusion of each meal.

Everyone must always remain masked, except when eating of course!

CLEANING AND DISINFECTION PROTOCOLS

While we have learnt over time that deep and strict cleaning protocols do not control the spread of COVID-19, keeping our camp clean will still reduce the overall risk of illness for everyone.

Proper hand hygiene will be clearly outlined for staff and campers at the beginning of camp, and will be reinforced with signage throughout camp. Hand washing and sanitizing will be carefully monitored by staff all summer long.

Cleaning/maintenance staff will be scheduled at times to allow for the greatest amount of social distancing from campers and staff. While a building is being cleaned, campers and staff will not be allowed inside. For maintenance staff who live outside of camp, they will be screened each day upon arrival at camp and only staff who pass screening will be allowed into camp. Cleaning/maintenance staff will be required to wear a mask and other appropriate PPE while cleaning our facilities. Social distancing will be followed if staff and campers are in the vicinity of any cleaning/maintenance staff outdoors.



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BATHROOMS AND SHOWERS

Cohorts will be showering during scheduled times built into their daily calendar. When entering a bath/shower house, all campers and staff must wear masks until they are in the shower. Campers and staff will be asked to limit their time in the shower as much as possible.

Similarly, a schedule will be created for morning and evening wash up times (brushing teeth, etc.). All other times, washrooms can be used by any camper or staff wearing a mask, and maintaining physical distances when inside the washrooms.

CASE MANAGEMENT

Please note that while we continue to wait for final guidance on case management by Public Health, we have outlined below the process for the unlikely event of a positive test. The information below is subject to change as we get closer to camp.

If a camper or staff presents any possible COVID-19 symptoms, they will be immediately assessed by our medical team, and will undergo a COVID test if deemed necessary.

If the individual is suspected of COVID, they will go into one of our designated isolation spaces, and parents/guardians will be immediately notified. A PCR test will be administered. The remainder of the cohort must remain in quarantine. The remaining members of the cohort will have their own programming options, and all meals will be brought to them. If they need to leave their cabin, they must remain masked at all times. Their symptoms will be closely monitored.

If test is positive, parents/guardians will have 12 hours to come get the camper or staff. Contact tracing will take place to include close contacts (cohort) and low risk contacts (individuals outside their cohort but may have come into contact with the positive case). It is possible that the entire cohort will have to go home, unable to return. Those details are still TBD. Low risk contacts may also have to follow masking and distancing protocols as their symptoms are monitored as well.

Camp will assist any international staff to find suitable isolation accommodations if required.

COMMUNICATION

With your child:

Much of our two-way communication systems will be staying the same as in years past. Parents can write and send letters via mail at any time, and campers can receive up to 2 emails per week. Packages are not allowed to be sent to campers at any time.



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About your child:

Each Section and Unit Head has their own email address, and you can reach out at any time by email or the camp phone line. Urgent and immediate matters will be handled immediately or the same day. Otherwise you can expect a response within 24 hours.

All new campers will get a phone call home from their child's Unit or Section Head during the first week of camp.

We will be regularly updating our social media accounts (@campnbb) with pictures and videos, as well as a daily Photo Gallery on CampInTouch.

There will be no Visitors Day this year. Instead, we will coordinate video chats on either Facetime or Zoom at the appropriate time for Period Plus and full summer campers.

STAFF OASIS

Due to the protocols that are in place this summer, staff will be required to stay on site for any time off. To help with this, we have created a 'Staff Oasis' on site at camp. It will be a closed-off area of camp that will cater to all the staff needs. Staff can get excited for:

- Hammocks
- Pizza oven
- BBQs
- Big screen TV (with game consoles and yes, if necessary, playoff hockey)
- Spike ball
- Bug zappers
- Movies
- Outdoor event tent
- Internet access
- ...and so much more to be announced soon!

STAFF TRANSPORTATION

No staff should have a need to have a car on site this summer. All staff will be dropped off at camp (unless the camp elects to provide bussing) after completing a rapid antigen test in the city on their start date. For those driving, carpooling is not allowed (unless everyone in the carpool is in the same cohort). The driver will not be permitted to exit the vehicle. All staff will be screened upon entry into camp.



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INTERNATIONAL STAFF

If we can accommodate international staff, please note that they will be following all federal entry requirements into Canada. They will then quarantine at a safe location and be ready to be at camp when their precamp begins. It is worth noting that many of the international staff that may be coming this summer have been vaccinated.

WATER, SNACKS, TUCK AND MORE!

Campers and staff will be required to have water bottles this summer. Water fountains will be open, but the drinking spout will not be on or available and only the bottle filling spout will operate for filling bottles. Please remember that water in the sinks is the same as in the drinking fountains!

Camper snacks will of course be available each day and will be handled in a safe manner. Camper snacks will either be sent directly to each cohort, or will be picked up by each cohort at designated times during the day.

FAQs

You can find updated answers to FAQs on our website page:

<https://www.campnbb.com/summer2021info.html>