

## **Communicable Disease and Infection Control Plan Wide Overview:**

### **Camp Northland 2021**

#### Outbreak management Team

In the event of an outbreak, we will follow our Crisis Response Plan. We will include the on-site medical doctor and designated lead nurse. We will also include the Director of Maintenance to oversee any facility needs and disinfection requirements. Communications will be handled through the Board of Directors public relations lead and the Camp Director.

#### Prior to camp the following tasks will be performed

- Review crisis response plan with key personnel
- Ensure Covid Safety Plan 2021, Camp Safety Plan (Recreational camps) and Covid operations manual are all aligned and consistent and included in training materials
- Inventory and order supplies/ PPE
- Obtain proper signage
- Ensure cabin ventilation is improved
- Alter health centre flow of people/circulation
- Set up outdoor treatment area and set up space for isolation
- Maintain contact with Public Health and make sure all contacts and numbers in the event of outbreak communication are up to date and posted.
- Train all staff in outbreak management
- Perform mock exercises

#### During Camp

- Train staff in daily screening protocols
- Triage, care, isolation, and management of those who are ill or need care
- Ensure proper documentation and record keeping
- Collaborate and communicate with public health as required

#### Tasks When an Outbreak has been Identified

- Convene crisis management team and ensure ongoing meetings
- Contact public health
- Proper documentation (line lists) and record keeping
- Initiate communicable and infectious disease protocols with medical staff – including isolation, preventing cross contamination, contact tracing, cleaning, and disinfecting, laundry, facility, and food service requirements, determine transportation needs, and communication with stakeholders.

### Post Outbreak Considerations

- Debriefing with all involved
- Provide mental health and social support as needed
- Evaluation of response, record keeping and documentation
- Update policies and procedures as needed for ongoing improvement.

### **PREVENTION PLANS IN PLACE**

- Non pharmaceutical interventions in place as per Covid Safety Plan
- PPE as per Covid safety Plan. Gloves to be worn for all first aid, contact with any bodily fluids, changed between procedures and not as a substitute for hand washing.
- Staff training for all Prevention including NPI's and use of PPE
- Personal Protective Measures: Hand hygiene, respiratory etiquette and staying home/isolating when ill.
  - Hand hygiene
    - Train and enforce frequent hand washing, ABHS (at least 60% alcohol)
    - Teach, model, and enforce proper hand washing including understandings around visibly soiled hands, before and after preparing food/ eating, before going to sleep, after handling garbage or soiled clothing, after removing gloves, blowing nose, coughing, sneezing, or touching your face, after contact with bodily fluids or items that may have come in contact with bodily fluids, after contact with animals, and additional health care provider considerations relating to procedures and patient care.
  - Respiratory Etiquette
    - Covering cough, sneezing into elbow
    - Dispose of tissues properly and wash your hands
  - Staying home/isolating when ill
    - Follow Covid safety Plan. Staying home/ isolating factors include:
      - Possibility of communicable infection (pink eye, respiratory infection, flu, etc.
      - Vomiting or diarrhea
      - Fever (37.8C/ 100F)
      - Rash not clearly caused by non-infectious causes
      - Illness leading to difficulty functioning at normal levels
      - As determined by onsite medical professionals

### **DISTANCING MEASURES**

- Follow Covid safety Plan
- Will include physical distancing, cohorting, and isolation as deemed necessary

## ENVIRONMENTAL MEASURES

- Cleaning, disinfecting and ventilation
- Bathrooms to be cleaned 2x/day
- Disinfect high touch surfaces frequently
- Add ventilation exhaust in camper cabins
- Open windows when practical
- Where handwashing stations are not available, hand sanitizer will be readily available
- Refill soap and ABHS frequently as required
- Ensure WHMIS training and regulations are followed
- Signage (hand hygiene, respiratory etiquette, distancing, etc)

## EDUCATION

- Training of campers and staff in Covid specific considerations
- Use on-line training (Nevvon modules)
- Staff precamp – include training to Camp safety Plan and Covid Safety Plan
- Importance of staying within the cohort
- Report illness (train to signs and symptoms)

## HEALTH SCREENING

- Campers and staff (subject to privacy and related legislation) to have health history completed prior to arrival
- Health form, or supplementary forms if required, will identify if the person:
  - Has any vulnerable medical conditions
  - Has a vaccination record
  - Has had or has a communicable illness
  - Has been exposed to a communicable illness in the three weeks before camp
  - Has traveled out of country in the last 14 days before camp
  - The update on above and the overall health form to be done within 48 hours of the arrival to camp

## HEALTH CHECKS

- Prior to camp:
  - Review health histories in advance of the summer
  - Modify pre-arrival procedures as necessary to respond to any outbreaks in the community
- Arrival Day:
  - Lice checks
  - Wellness check
  - Daily screening
- Daily Health Check:
  - Daily screening

- Staff to be made aware of known conditions and trained to identify relevant signs and symptoms
- Train staff to ensure that campers who are unwell are seen by a health care professional
- Anyone showing signs or symptoms of a communicable disease or illness must be taken immediately to health centre and isolation, infectious disease protocols implemented as may be required.
- Create a symptom monitoring checklist at health centre (line-list), to keep track of trends.

## **IMMUNIZATION POLICY**

**Due to COVID-19, we expect that these policies will be fluid and change significantly as Summer 2021 approaches. Please make sure to be signed up for our email updates. All registrants of camp sessions/experiences/events are deemed to accept the reality of these potentially rapidly changing policies.**

*Current for Summer 2021*

### **Background**

Vaccines have saved the lives of more children than any other medical intervention in the past 50 years. The vaccination of all members of the camp community ranks as a key component in maintaining a safe environment and in decreasing the risk of transmission of contagious illness. The determination of mandatory immunization requirements is consistent with Ontario guidelines and based on current clinical guidelines for the best protection of the population against vaccine-preventable diseases. Mandatory immunization for school-aged children is legislated by the Ontario government (Immunizations of Schools Pupil Act).

These changes are being made to improve the health and safety of campers. The changes will help protect children and staff from vaccine-preventable diseases and reduce the risk of disease outbreaks. These changes also align the immunization requirements for camp with Ontario's publicly funded immunization schedule, which is based on current clinical guidelines for the best protection of the population against vaccine-preventable diseases.

### **Policy**

Camp Northland requires that any member of the camp community in residence (camper or staff) receive up to date, age-appropriate immunizations. The list of required immunizations is based on the most recent requirements mandated by the Province of Ontario for school aged children.

It is the responsibility of each resident at camp [and their families if under 18], to meet the immunization requirement. Disclosure on the health form or other records of failure to immunize does not exempt from this requirement except in accordance with the exemption policies as outlined below. If a camper or staff file is reviewed and identified by the Health Care staff that a camper or staff member has not been adequately immunized, the child or staff member will be sent home immediately

or required to be picked up by the parent(s) at the camp's sole discretion. Staff and parents of campers will self-report the status of their immunizations on the Health Information Form submitted annually.

Without exception, and at the sole discretion of Camp Northland and its medical advisors, the camper or staff may be excluded from camp if there is an outbreak or immediate risk of outbreak of a designated disease in the camp where the required immunizations have not been received. Any cost for excluding the camper or staff will be paid for by the parents and a refund for the days missed will not be provided.

Please note that this may be limited by other third-party programs, event rules, intercamp policies or other unforeseen limitations.

### **CLEANING AND DISINFECTING**

- We will follow a two-step process starting with cleaning and then disinfecting.
- Disinfecting wipes will be discarded once they are dry (or used)
- Blood and bodily fluid spills will be reported to maintenance staff who will clean and disinfect ensuring appropriate disposal, PPE, and approved disinfecting solution. Room to be well ventilated after cleaning/disinfecting.
- Practice safe hand hygiene

### **COMMUNICATION**

- Parents will be available to pick up campers on short notice if our medical team determines that is the appropriate course of action.
- Communication home regarding illness will be from a medical professional, the camp director, or his designate
- Ongoing communication and transparency will be maintained to assist in the outbreak management and prevent spread of infection outside of camp if a child is sent home.
- The camp will make the risks known to camper and staff families in contracts, registration forms, and supporting communications.
- The communication strategies in the Crisis response Plan will be initiated if an outbreak is declared.

### **CASE MANAGEMENT**

- Reports will be made to public health as required and in consultation and review of the Public Health list of reportable diseases.
- An ill camper or staff member will not return to the camp program until symptom free for 24 hours and fever free (without fever reducing medication) for 24 hours.
- If a communicable illness is suspected:
  - The health centre provider should use universal precautions
  - Care for any life-threatening conditions; activate paramedical services if required
  - Initiate isolation procedures

- Report/notify public health if there is a suspected case of a reportable illness or an outbreak

### **ISOLATION PROTOCOLS**

- If there are signs or symptoms of communicable illness, must be isolated in designated isolation room.
- Appropriate PPE to be worn by both the ill person and the care providers
- Isolation area to be well ventilated with open windows where possible
- When possible, the ill person will use their own bathroom
- We will limit the number of people providing care to mitigate against additional spread to the camp population
- If direct patient care is needed – universal precautions to be taken
- The family of the person being cared for will be notified (and Camp Director if not already aware)
- Public health to be notified and their direction to be followed

### **POST ISOLATION**

- The isolation room will be cleaned and disinfected
- Direction to be taken from public health and medical professionals onsite in managing close contacts
- Health centre and expanded crisis management team will debrief, investigate, and continue to monitor for updates or changes.
- Internal documentation and any additional documentation as directed by public health will be completed.
- Communication will be made to parents as needed, and in consultation with public health.

### **VULNERABLE PERSONS**

- Those that may be immunocompromised or otherwise identified as vulnerable, as identified through the health forms, will be flagged in the event of an outbreak/exposure.
- Medical staff along with Director and staff/parent will determine added measures to protect the vulnerable person.

### **POST OUTBREAK MANAGEMENT**

- Communication will be a critical part of this process – campers and staff must be kept up to date with next steps and with how they can stay healthy and safe.
- Connect with families and stakeholders to communicate that the outbreak is over and to inform of plans or changes going forward.
- Get guidance from local Public Health on how long enhanced measures need to remain in place and next steps.

## **DEBRIEFING**

- Debrief with camp staff involved in the outbreak. Those not directly involved, all campers and stakeholders.

## **DOCUMENTATION**

- Store all records as required by law. Note that nurses and medical professionals may have their own storage expectations and requirements.
- Maintain copies of all communications with parents and stakeholders
- Maintain records of all related incurred costs and communicate with insurance broker for guidance

## **EVALUATION**

- Evaluate communicable infection and disease policies and protocols
- Identify gaps and lessons learned
- Update the camp's infectious and communicable disease policies and protocols.

***\*\*\*END OF COMMUNICABLE DISEASE AND INFECTION CONTROL PLAN – CAMP NORTHLAND\*\*\****